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Sport psychology: Chapter 1 Flashcards | Quizlet

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this term: term start: bodyabstract This study will examine major theories, concepts, and applications of sports psychology, as well as current research and studies of the principal topics within the field of sports psychology. Topics covered in this study may include: team dynamics, the use of imagery, anxiety and performance, children and sports, skills training, leadership, and burnout.

Sports Psychology

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